



**SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN**  
Autonomous & Affiliated to Bharathiar University  
Accredited at A+ Grade by NAAC  
Udumalpet – 642128, Tamil Nadu.  
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## Department Of English SF

### Invitation



**Sri G.V.G Visalakshi College For Women (Autonomous)**  
**AFFILIATED TO BHARATHIAR UNIVERSITY**  
**ACCREDITED WITH 'A+' GRADE BY NAAC**  
**AN ISO 9001:2015 CERTIFIED INSTITUTION**  
**UDUMALPET - 642128**

## PG Department of English

# Female Health and Hygiene



*Online Mode*

*23.04.2022*

*~ 6.00 pm ~7.00 pm*

Organizing committee  
DrP.Renuga  
Head of the Department

Chief Parton  
N.Rajeswari  
Principal

# Report

Department of English

Date: 23-04-2022

Time: 6:00 pm - 7:00 pm

Topic: Female Health and Hygiene

Guest person: Dr. B. Vishnupriya MBBs

Post graduate in Emergency Medicine  
KMCII, Coimbatore.

The department of English organized a webinar on "Female Health and Hygiene" on 23-04-2022 by providing a link through Google meet.

Dr. P. Renuka Head of the Department welcomed the audience. She introduced the chief guest Dr. B. Vishnupriya MBBs KMCII to the gathering.

The following are the highlights:

The problems of menstruation

Consumption of healthy and nutritious food during menstruation.

Adopting feminine hygiene habits.

To relieve menstruation stress

The webinar had effective visual impact through the PPT.

Students participated in the webinar.

S.S. Keerthana proposed the Vote of thanks.

Feedback form was collected from the participants.

Outcome:-

Students got an awareness to keep themselves clean during menstruation.

P. Renuka

Head of the Department

Department of English (EE)

BRI. VVG VISALAKSHI COLLEGE

FOR WOMEN (AUTONOMOUS)

UDUMALPET - 1

23-4-22

Signature of the principal Rajaswari

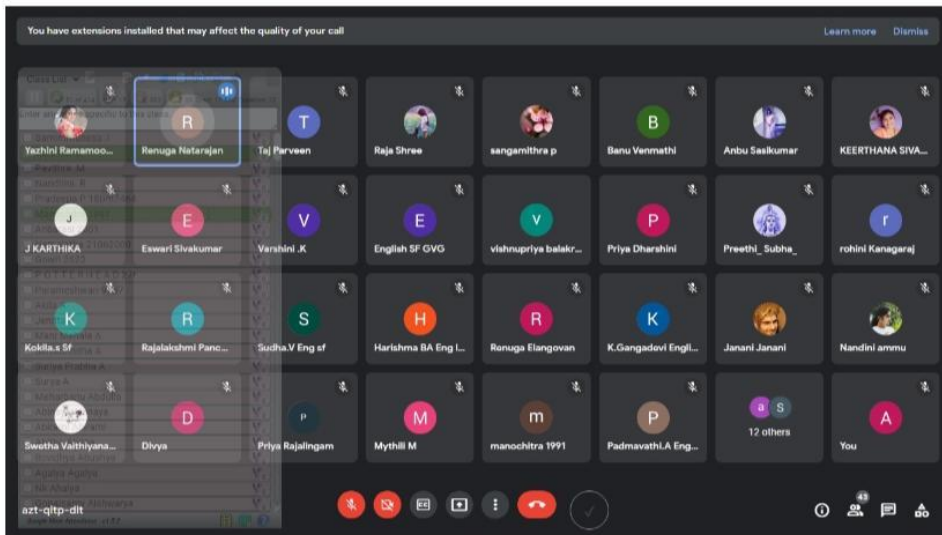
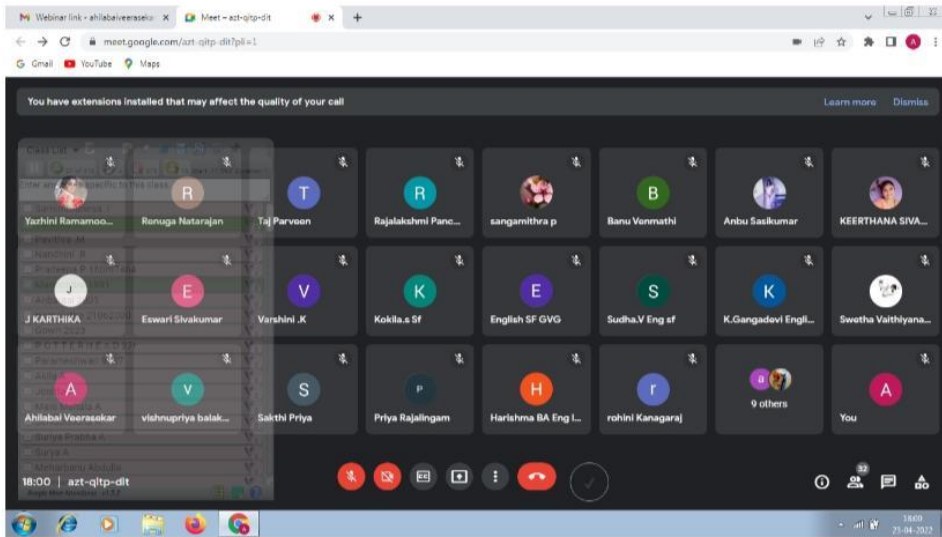
PRINCIPAL  
BRI. VVG VISALAKSHI COLLEGE  
FOR WOMEN (AUTONOMOUS)  
VENKATESA MILLS POST,

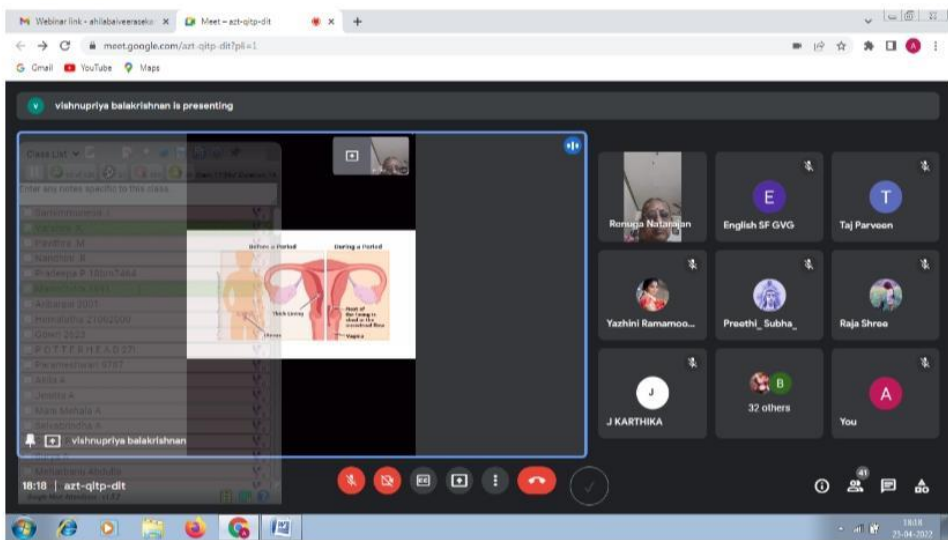
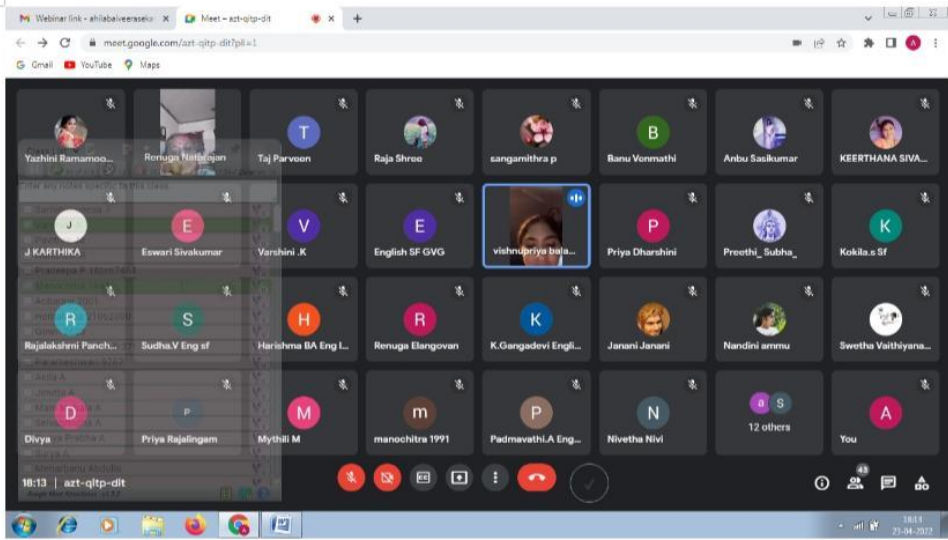


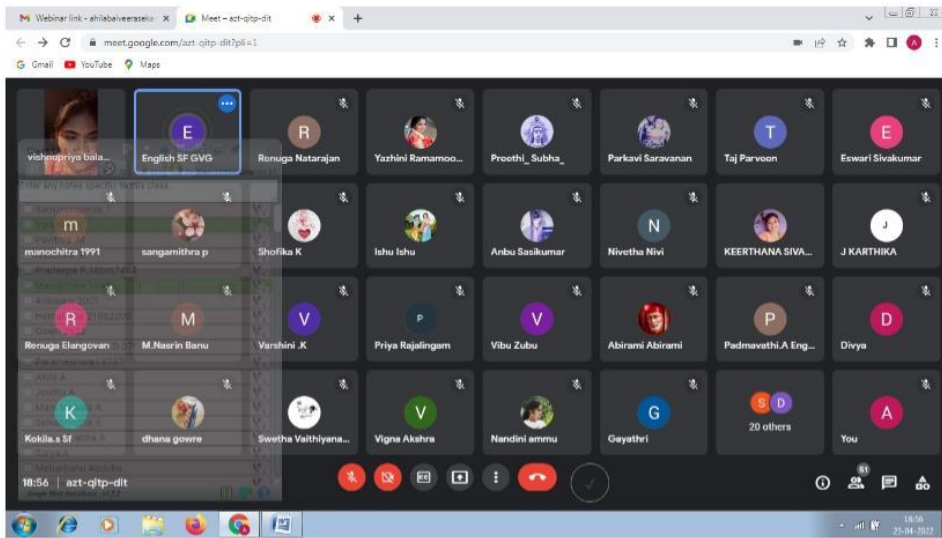
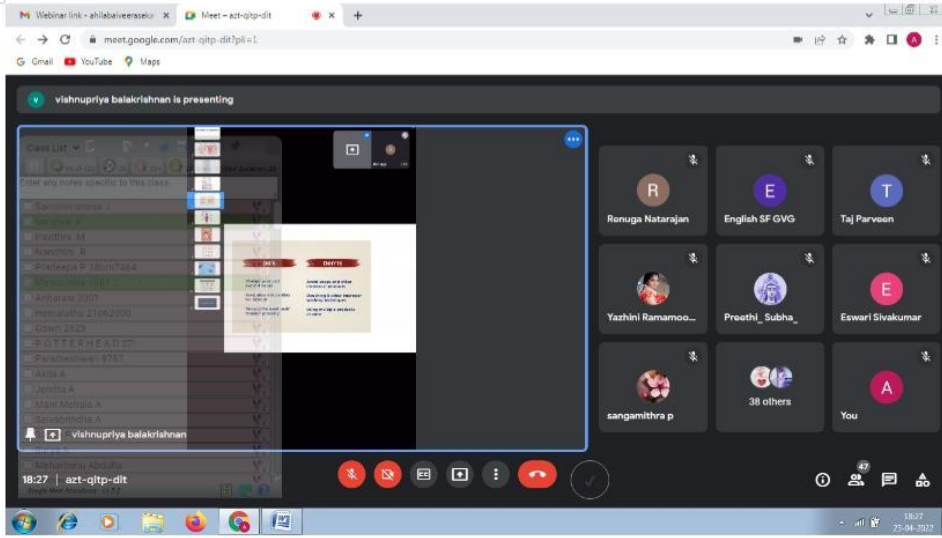
classmate

# Photos

## Female Health and Hygiene







## Feedback

Feedback

A. Nivetha

### Female Health and Hygiene

Though Online Mode they conducted this program on 23.04.2022. Students doubts about the problems of menstruation, Adopting feminine hygiene habits, To relieve menstruation stress, Consumption of healthy nutritious food during menstruation were discussed. Students got an awareness to keep themselves clean during menstruation. It was an very useful meeting for the students.

P. Rini

Head of the Department